

I feel so very blessed to have Alma by my side for lymph massage. I have had several injuries over the past two years that she has massaged to health- lymph surgery for removal of nodes related to a cancer and a broken collarbone. I experienced significant swelling and discomfort with both incidents. My regular lymph massages from Alma gave me immediate relief and hurried my recovery. Both doctors commented that the speed and completeness of my recovery was remarkable. For my collarbone healing, I now have greater flexibility than previous to the injury! I credit Alma's therapeutic lymph massage for these healthy outcomes. I highly recommend her light, healing, and intuitive touch. Feel free to ask Alma for my contact information: I am quite happy to elaborate one-to-one.

~ Laura

3-18-2011